

Attention Athletic Directors & X Country Coaches

The LO-MA Cross Country meet will be held Tuesday, August 28, 2018 at the **Logan-Magnolia School Complex**. **Running will begin at 4:30 p.m.**

Please have buses park in the football parking lot.

Entries will be unlimited. There will not be a distinction between Varsity and JV runners. Medals will be awarded to the top 20 finishers for both high school boys and girls divisions. A championship plaque will be awarded to the winning team for the varsity girls and boys. The top five runners will be scored for team points. Ribbons will be awarded for the top 10 finishers in the JH races.

Shannon Tesch will be scoring the meet. Coaches, please go to the following website:

<http://xc.screlays.com/>

Choose your school from the list and use the passcode: xc18

If coaches have questions, they can email shannon.d.tesch@gmail.com

Please have entries completed by Monday, August 27th at NOON. Enter team info and athlete roster, including middle school runners. You do not need to include seed times.

The HS fees are \$40 per squad (\$80 if sending boys and girls) or \$8 per individual for high school teams. The JH fees are \$15 per squad (\$30 if sending boys and girls) or \$5 per individual for junior high school teams.

Teams entered: AHST, Audubon, Boyer Valley, Denison, Griswold, LOMA, IKM-Manning, MVAO, Missouri Valley, St. Albert, Tri-Center, Underwood, West Harrison, West Monona, Whiting and Woodbury Central.

Running Order: 4:30-Girls (JV & Varsity)
 5:15-Boys (JV & Varsity)
 6:00- JH (Boys & Girls)

Email me with any questions you have.

Matt Straight

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