



KUEMPER CATHOLIC SCHOOL

To: Athletic Directors/Cross Country Coaches

From: Ryan Isgrig AD, Mark Kloser XC Coach, Denis Bormann MS Coach

Subject: Kuemper Catholic Invitational Cross Country Meet

Entry Fee: Boys' Division--**\$50.00**; Girls' Division--**\$50.00**; (\$100 for both). Middle School--**\$10** for both teams

Date: Saturday, September 15, 2018

Location : SWAN LAKE STATE PARK - 22676 Swan Lake Drive Carroll, IA, 51401
2 miles south, 1¼ miles East of Carroll, near the Eastside Shelter House

Buses: Continue past the Eastside shelter house and turn left at the next corner. This road continues behind the shelter house and the buses can park there

Spectators: Can park in the area of the Eastside shelter house and along the road to the South

Teams: **Class A (300 or more):** North Polk, Council Bluffs AL, Spencer, Council Bluffs TJ, Webster City, Atlantic, Denison, Kuemper, Lewis Central, Nevada, Bondurant-Farrar, Harlan

Class B (300 or less): MVAOCOU, Alta-Aurelia, East Sac County, OABCIG, South Central Calhoun, Southeast Valley, Underwood, Exira/Elk Horn-Kimballton, Woodward Academy, Coon-Rapids Bayard

<i>Race</i>	<i>Approx. Start Time</i>	<i>Level</i>	<i>Length</i>	<i>Awards</i>
HS Boys Class B	9:00 am	JV/V	5K	V – Championship Trophy, medals for first 25 finishers.
HS Girls Class B	9:30 am	JV/V	5K	V – Championship Trophy, medals for first 25 finishers.
HS Boys Class A	10:00 am	JV/V	5K	V – Championship Trophy, medals for first 25 finishers.
HS Girls Class A	10:30 am	JV/V	5K	V – Championship Trophy, medals for first 25 finishers.
MS Boys	11:00 am	MS	2 Mile	Medals for top 5 finishers.
MS Girls	11:30 am	MS	2 Mile	Medals for top 5 finishers.

MEET ENTRIES:

Meet registrations will be done at www.endresultcompany.com

Entry Deadline: Noon, September 14th, 2018 - Each team will get a packet with a map for each team
We will use chips to score racing placed in the athletes' shoe - ALL Chips must be returned at the end of each race.

Kuemper Contacts: Coach Mark Kloser 563-299-8966, Coach Denis Bormann 712-830-3769, AD Ryan Isgrig 641-521-2602

Concessions: The Booster Club will be grilling for breakfast and lunch. The shelter house will not be available for team meals.



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Please return completed form by Thursday September 13th

E-MAIL: kjriesberg@kuemper.org

INFORMATION: *(Needed in case of inclement weather.)*

School:

Coach's Home Phone No.:

Coach's Cell Phone No.:

Expected Departure Time: